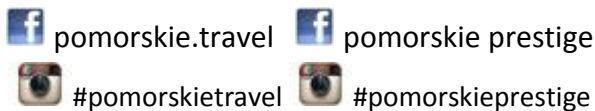





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| POMORSKIE REGION | | |
|------------------|---|-------------------------|
| | DATE | PLACE |
| | 26th October | Pomorskie Region |
| 08.00 – 09.50 | Breakfast in Mercure Gdańsk Stare Miasto Hotel www.mercure.com/pl/hotel-3390-mercure-gdansk-stare-miasto/index.shtml | |
| |  | |
| 10.00 – 11.30 | Sightseeing of The European Solidarity Centre www.ecs.gda.pl/title,Jezyk,pid,2,lang,2.html | |

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| | <p>ECS was open 30th of August, 2014. In no other museum in the world do an old lorry, or a shipyard crane play the roles of museum exhibits. In no other interior of the building do trees grow. No other library does not have a mezzanine and platforms. Intrigued yet? Don't wait, come inside and feel the atmosphere of Solidarity.</p>  | |
| <p>11.30 – 12.00</p> | <p>Transfer</p> | |
| <p>12.00 – 13.00</p> | <p>A culinary walk along Gdańsk Main City. www.pomorskie.travel</p>  | |

13.00 – 14.00

Sightseeing of The Amber Museum

www.mhmg.pl/oddzial/8/muzeum-bursztynu

Amber is especially connected to the Baltic Sea region, due to ample supplies of this precious resource, as well as historical connections. Due to the city's excellent actions, Gdańsk has been the candidate to the title of the World Capital of Amber. The Amber Museum presents the history of amber, its properties, ways of obtaining and processing throughout the years. The first exhibition room holds a unique collection of natural pieces, a priceless gathering of natural amber forms, including large chunks, animal and plant inclusions, sophisticated colour forms, and fossil resins from all around the world.



14.00 – 15.30

Amber lunch with Goldwasser, "the Gold of Gdańsk, tasting - Gdański Bowke Restaurant

www.gdanskibowke.com/en/

In the heart of old Gdańsk there is a restaurant that

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| | <p>lures customers not only with beautiful interior and atmosphere of a harbor, but also freshly baked bread or home made pierogi (dumplings). The staff is passionate about satisfying even the most demanding gourmets and amateurs of traditional Polish flavors. Delicious, Goldwasser-filled pralines await, together with aromatic coffee prepared in minute detail.</p> | |
| <p>15.30 – 16.30</p> | <p>Amber processing presentation in Styl Gallery. www.amberstyl.pl/en/main-page/</p> <p>Styl Gallery (Galeria Styl) is one of the few amber galleries in Gdańsk that are at the same time amber workshops, where jewelry is designed and manufactured every day. While walking along the Long Wharf (Długie Pobrzeże) do not forget to explore it, not only to admire artistically crafted rings and brooches, but also to listen to stories about amber, which the owner is keen on sharing.</p> | |





16.30 – 17.00


Transfer

17.00 – 17.30


A walk along the Sopot Pier

For almost 200 years a walk across the pier remains an obligatory part of any visit to Sopot, wherever you might have arrived from, and whatever the purpose, be it a long distance walk or just a stroll with the family. It is half-kilometre walk into the sea, which offers a picturesque view on the panorama of Sopot for anyone who walked from the beach to the end of it. It is also reminds us of the dangerous beauty of the sea.



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| <p>17.30 – 19.00</p> | <p>Mera Spa Hotel – The Amber Ceremony www.meraspahotel.pl/en</p> <p>Body scrubbing treatment with amber micro-particles and sea salt crystals smoothes the skin, while a massage session provides the body with the benefits of negative ions contained in amber.</p>  | |
| <p>19.00 – 19.30</p> | <p>Transfer</p> | |
| <p>19.30 – 21.00</p> | <p>Dinner at Brovarnia Gdańsk Hotel www.brovarnia.pl/en/</p> <p>The historic granary at Motława River holds a microbrewery - Brovarnia Restaurant. It serves delicious Polish and international cuisine dishes, including traditional Gdańsk specialties. Among them are traditional Gdańsk duck, or zander with blue cheese and nuts. There is something in the menu for everyone, from beer snacks to large courses. The restaurant is also the only microbrewery in Gdańsk where three different kinds of beers are brewed. Brovarnia Lager, Dark and Wheat are all prepared according to traditional recipes, using latest brewing technologies.</p> | |



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| 21.00 | Back to the hotel | |

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